








WATT'S
FOR LUNCH?
FUEL YOUR DAY WITH A
HEALTHY SCHOOL LUNCH



Week 3	Monday 	Tuesday	Wednesday	Thursday	Friday
Main Dish	Vegetarian Bolognese Crusty garlic bread	Chicken burger on Ciabatta bun	Beef lasagne Crusty garlic bread 	Roast loin of pork Stuffing Apple sauce Roast potatoes	Battered Fillet of fish Fries Lemon wedges
Vegetarian Main Dish	Macaroni cheese Crusty garlic bread	Vegetable burger On ciabatta bun	Tomato and basil Pasta Crusty garlic bread	Broccoli Cauliflower cheese	Cheese an onion flan Fries salad
Accompaniments	Carrot battons Peas salad	Spring greens Carrot battons Seasonal vegetables Salad bar	Cauliflower cheese Braised red cabbage Salad bar	Green beans Crisp mixed salad Salad bar	Garden peas Crisp mixed salad Salad bar
Jacket potato Pasta choice 	Jacket potato Selection of fillings Pasta king	Jacket potato Selection of fillings Pasta king	Jacket potato Selection of fillings Pasta king	Jacket potato Selection of fillings Pasta king	Jacket potato Selection of fillings Pasta king
specials	Selection of sandwiches Wraps baguettes	Selection of sandwiches Wraps baguettes	Selection of sandwich  Wraps baguettes	Selection of sandwiches Wraps baguettes	Selection of sandwiches Wraps baguettes
Dessert	Chocolate and banana slice	Fresh fruit salad	marble cake custard 	Lemon shortbread	Flapjack And custard



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY



- MEAT FREE MONDAY



MENU