



# Sizing Information

Visit [www.trutex.com](http://www.trutex.com)  
to find out more information on sizing and watch our sizing videos to help you measure your child.

## Boys Shirts

Collar Size inches	Collar Size cm	Size Guide
12½"	32cm	9-10yrs
13"	33cm	11yrs
13½"	34cm	12yrs
14"	36cm	13yrs
14½"	37cm	14yrs
15"	38cm	15yrs
15½"	39cm	16yrs
16"	41cm	
16½"	42cm	
17"	43cm	
17½"	44cm	
18"	46cm	
18½"	47cm	
19"	48cm	

## Girls Blouses

Chest Size inches	Chest Size cm	Size Guide
28"	71cm	9-10yrs
30"	76cm	11yrs
32"	81cm	12yrs
34"	86cm	13yrs
36"	91cm	14yrs
38"	96cm	15-16yrs
40"	102cm	
42"	107cm	
44"	112cm	
46"	117cm	
48"	122cm	

## Blazers, Suits & Jackets

Chest Size inches	Chest Size cm	Size Guide
26"	66cm	7-8yrs
28"	71cm	
29"	73cm	9-10yrs
30"	76cm	
31"	79cm	
32"	81cm	11-12yrs
33"	84cm	
34"	86cm	
35"	89cm	13yrs
36"	91cm	
38"	96cm	14-16yrs
40"	102cm	
42"	107cm	
44"	112cm	
46"	117cm	
48"	122cm	
50"	127cm	
52"	132cm	
54"	137cm	
56"	142cm	

## Knitwear

Size	Chest Size inches	Chest Size cm	Size Guide
9/10	25/27"	63-68cm	9-10yrs
XXS	28/30"	71-76cm	11yrs
XS	31/32"	79-81cm	12yrs
S	32/34"	81-86cm	13yrs
M	34/36"	86-91cm	14yrs
L	38/40"	96-102cm	15-16yrs
XL	42/44"	107-112cm	
XXL	46/48"	117-122cm	

## Senior Girls Trousers

Waist Size inches	Waist Size cm	Inside Leg inches	Inside Leg cm	Size Guide
22S"	56cm	28"	71cm	11yrs
22R"	56cm	30"	76cm	
22L"	61cm	28"	71cm	
24R"	61cm	30"	76cm	12 yrs
24L"	61cm	32"	81cm	
25S"	63.5cm	28"	71cm	
25R"	63.5cm	30"	76cm	
25L"	63.5cm	32"	81cm	
26S"	66cm	28"	71cm	
26R"	66cm	30"	76cm	13 yrs
26L"	66cm	32"	81cm	
27S"	68.5cm	28"	71cm	
27R"	68.5cm	30"	76cm	
27L"	68.5cm	32"	81cm	
28S"	71cm	28"	71cm	14 yrs
28R"	71cm	30"	76cm	
28L"	71cm	32"	81cm	
29S"	73.5cm	28"	71cm	
29R"	73.5cm	30"	76cm	
29L"	73.5cm	32"	81cm	
30S"	76cm	28"	71cm	15-16 yrs
30R"	76cm	30"	76cm	
30L"	76cm	32"	81cm	
32S"	81cm	28"	71cm	
32R"	81cm	30"	76cm	
32L"	81cm	32"	81cm	
34S"	86cm	28"	71cm	
34R"	86cm	30"	76cm	
34L"	86cm	32"	81cm	
36S"	91cm	28"	71cm	
36R"	91cm	30"	76cm	
36L"	96.5cm	30"	76cm	
40R"	102cm	30"	76cm	

## Senior Girls Back Vent Skirt

Waist Size inches	Waist Size cm	Length in inches	length in cm	Size Guide
22"	56cm	16"	41cm	11yrs
22"	56cm	18"	46cm	
22"	56cm	20"	51cm	
24"	61cm	16"	41cm	12yrs
24"	61cm	18"	46cm	
24"	61cm	20"	51cm	
26"	66cm	16"	41cm	13yrs
26"	66cm	18"	46cm	
26"	66cm	20"	51cm	
26"	66cm	22"	56cm	
28"	71cm	16"	41cm	14yrs
28"	71cm	18"	46cm	
28"	71cm	20"	51cm	
28"	71cm	22"	56cm	
30"	76cm	18"	46cm	15-16 yrs
30"	76cm	20"	51cm	
30"	76cm	22"	56cm	
32"	81cm	20"	51cm	
32"	81cm	22"	56cm	
34"	86cm	20"	51cm	
34"	86cm	22"	56cm	
36"	91cm	20"	51cm	
38"	96cm	20"	51cm	
40"	102cm	20"	51cm	

## AKOA T-Shirt/Hoody/Fleece/Mid-Layer

Size	To fit chest	Size Guide
9/10	26-28"	9-10yrs
XXS	28-30"	11yrs
XS	30-32"	12yrs
S	32-34"	13yrs
M	34-36"	14yrs
L	38-40"	15-16yrs
XL	42-44"	
XXL	46-48"	
XXXL	50-52"	

## Senior Girls Skirt

Waist Size inches	Waist Size cm	Length in inches	length in cm	Size Guide
20"	51cm	16"	41cm	10yrs
22"	56cm	16"	41cm	
22"	56cm	18"	46cm	11yrs
22"	56cm	20"	51cm	
22"	56cm	22"	56cm	
24"	61cm	16"	41cm	12 yrs
24"	61cm	18"	46cm	
24"	61cm	20"	51cm	
24"	61cm	22"	56cm	
24"	61cm	24"	61cm	
26"	66cm	16"	41cm	13 yrs
26"	66cm	18"	46cm	
26"	66cm	20"	51cm	
26"	66cm	22"	56cm	
26"	66cm	24"	61cm	
28"	71cm	16"	41cm	14 yrs
28"	71cm	18"	46cm	
28"	71cm	20"	51cm	
28"	71cm	22"	56cm	
28"	71cm	24"	61cm	
30"	76cm	16"	41cm	15-16 yrs
30"	76cm	18"	46cm	
30"	76cm	20"	51cm	
30"	76cm	22"	56cm	
30"	76cm	24"	61cm	
32"	81cm	16"	41cm	
32"	81cm	18"	46cm	
32"	81cm	20"	51cm	
32"	81cm	22"	56cm	
32"	81cm	24"	61cm	
32"	81cm	26"	66cm	
32"	81cm	28"	71cm	
32"	81cm	30"	76cm	
34"	86cm	18"	46cm	
34"	86cm	20"	51cm	
34"	86cm	22"	56cm	
34"	86cm	24"	61cm	
36"	91cm	18"	46cm	
36"	91cm	20"	51cm	
36"	91cm	22"	56cm	
38"	96cm	20"	51cm	
40"	102cm	20"	51cm	
40"	102cm	22"	56cm	

## Sweats & Polo's

Size	Chest Size inches	Chest Size cm	Size Guide
9/10	25/27"	63-68cm	9-10yrs
XXS	28/30"	71-76cm	11yrs
XS	31/32"	79-81cm	12yrs
S	32/34"	81-86cm	13yrs
M	34/36"	86-91cm	14yrs
L	38/40"	96-102cm	15-16yrs
XL	42/44"	107-112cm	
XXL	46/48"	117-122cm	
XXXL	50/52"	127-132cm	

## AKOA Pro Track Pant & Leggings

Size	To fit waist	Size Guide
9/10	23-24"	9-10yrs
XXS	24-26"	11yrs
XS	26-28"	12yrs
S	28-30"	13yrs
M	30-32"	14yrs
L	32-34"	15-16yrs
XL	36-38"	
XXL	40-42"	
XXXL	44-46"	

## AKOA Socks

Size	To fit shoe size	Size Guide
S	12-3	9-13yrs
M	3-6	14-16yrs
L	7-11	
XL	12+	

## Senior Boys Trousers

Waist Size inches	Waist Size cm	To Fit Height	Inside Leg inches	Inside Leg cm	Size Guide
24"	61cm	128cm	24"	61cm	7-8yrs
25"	63.5cm	140cm	26"	66cm	9-10yrs
26"	66cm	146cm	27"	68.5cm	11yrs
27"	68.5cm	152cm	28"	71cm	12yrs
28S"	71cm	146cm	27"	68.5cm	
28"	71cm	158cm	29"	73.5cm	13yrs
28L"	71cm	164cm	31"	78.5cm	
29S"	73.5cm	158cm	29"	73.5cm	14yrs
29"	73.5cm	164cm	31"	78.5cm	
30S"	76cm	158cm	30"	76cm	15-16yrs
30"	76cm	176cm	32"	81cm	
30L"	76cm	178cm	34"	86cm	
31S"	78.5cm	158cm	30"	76cm	
31"	78.5cm	176cm	32"	81cm	
32S"	81cm	158cm	30"	76cm	
32"	81cm	176cm	32"	81cm	
32L"	81cm	178cm	34"	86cm	
34S"	86cm	158cm	30"	76cm	
34"	86cm	176cm	32"	81cm	
34L"	86cm	178cm	34"	86cm	
36"	91cm	176cm	32"	81cm	
38"	96cm	176cm	32"	81cm	
40"	101cm	176cm	32"	81cm	
42"	107cm	178cm	35" unfinished	89cm	
44"	112cm	178cm	35" unfinished	89cm	
46"	117cm	178cm	35" unfinished	89cm	
48"	122cm	178cm	35" unfinished	89cm	
50"	127cm	178cm	35" unfinished	89cm	

Sizes in the blue shaded area are available on the Senior Boys Slim Leg trouser only

## Senior Boys Sturdy Fit Trousers

Waist Size inches	Waist Size cm	Inside Leg inches	Inside Leg cm	Size Guide
26"	66cm	21"	53.5cm	11yrs
27"	68.5cm	24"	61cm	12yrs
28"	71cm	25"	63.5cm	13yrs
29"	73.5cm	26"	66cm	14yrs
30"	76cm	27"	68.5cm	15-16yrs
31"	78.5cm	28"	71cm	
32"	81cm	28"	71cm	
33"	83.5cm	28"	71cm	
34"	86cm	28"	71cm	
36"	91cm	29"	73.5cm	
38"	96cm	29"	73.5cm	
40"	101cm	29"	73.5cm	
42"	107cm	32"	90cm	
44"	112cm	32"	90cm	
46"	117cm	32"	90cm	
48"	122cm	32"	90cm	
50"	127cm	32"	90cm	

## AKOA Tops

Size	To fit chest (boys)	To fit chest (girls)	Size Guide
9/10	27-29"	69-73cm	9-10yrs
XXS	29-30"	74-76cm	11yrs
XS	30-31"	77-80cm	12yrs
S	31-33"	81-84cm	13yrs
M	33-35"	85-89cm	14yrs
L	35-39"	90-99cm	15-16yrs
XL	39-43"	100-109cm	
XXL	43-47"	110-119cm	
XXXL	47-51"	120-129cm	

## AKOA Shorts/Skortis

Size	To fit waist (boys)	To fit waist (girls)	Size Guide
9/10	24-25"	62-64cm	9-10yrs
XXS	25-26"	65-66cm	11yrs
XS	26-27"	67-68cm	12yrs
S	27-28"	69-70cm	13yrs
M	28-30"	71-75cm	14yrs
L	30-33"	76-85cm	15-16yrs
XL	34-37"	86-95cm	
XXL	38-41"	96-105cm	
XXXL	42-45"	106-115cm	

**Trutex sizing is generous...**

which means it will fit that size plus a margin for growth.